



ALL ABOUT THE “Ss”

SSA

Social Security Administration

Social Security is part of the retirement plan of almost every American worker. Funds are invested through dedicated payroll taxes throughout a worker's lifetime, and are available once the worker reaches retirement, usually between the ages of 62-65.

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SSI

Supplemental Security Income

SSI is a Federal income supplement program funded by general tax revenues (not Social Security taxes). SSI is for people 65 or older, as well as blind and disabled people of any age, including children, who have little or no income. It provides cash to meet basic needs for food, clothing and shelter. The state of California adds money to the federal payment for food.

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SSDI

Social Security Disability Insurance

SSDI is a payroll-tax funded federal insurance program designed to provide long-term income to people who are unable to work because of a disability.

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SDI

State Disability Insurance

SDI provides benefit payments to workers for non-work related disabilities, such as pregnancy. The SDI tax also provides Paid Family Leave (PFL) benefits to individuals unable to work because they have others under their care.

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